



UNIVERSITY OF CAPE COAST
SCHOOL OF MEDICAL SCIENCES



4th CAPE COAST AUTISM TRAINING WORKSHOP

Biomedical and Nutritional Interventions for the Special Needs Child

UNIVERSITY OF CAPE COAST, GHANA

November 14th – 16th, 2017

Presenter: **Peta Cohen, M.S., R.D.**
Clinical Nutritionist, Metabolic Specialist



Peta Cohen is a clinical nutritionist and metabolic specialist employing a biomedical / diagnostic approach to health, healing and wellness. She bases her methodology on a rigorous analysis of the underlying conditions and biochemistry of the human system. Peta earned her Master of Science in Clinical Nutrition from New York University and is committed to the continuous study of current research in metabolic science to ensure the latest knowledge and revelations are of benefit to her clients. She has built a personal knowledgebase of biochemistry and molecular medicine that is sought after by physicians, practitioners and clients around the world.

Peta has been successfully guiding clients toward long term wellness and vitality since 1996 when she founded Total Life Center, one of the first holistic wellness centers in New Jersey combining modalities such as nutrition, movement, body manipulation and psychotherapy. Today, Peta engages and guides individuals through assessment and therapeutic intervention with the goal of achieving healing, health and continued vitality.

Peta lectures and consults internationally on a wide range of topics, including those related to the influence of various SNPS and cellular metabolic processes gone awry within health and dis-ease. Peta has provided training to Health Care Providers attending DAN, ARI and other conferences related to ASD and its related disorders around the world. Peta is also passionate about food as a critical component of our lifestyle and joins her clients on their journey through recipe creation and cooking demonstrations.

PROGRAM

Tuesday, November 14, 2017

8:30	Registration
9:00	Welcome, Opening Remarks Prof. Joseph Ghartey Ampiah Vice-Chancellor, University of Cape Coast
9:30	Guest Speaker Prof. Eben Badoe Dir. of Neurology and Development Clinic, KBTH
10:30	Break
11:00	Topic Introduction: Overview of the BioMedical Approach to Assessing and Treating Childhood Developmental Disorders Includes Q & A
1:00	Lunch
2:00	System's Profile – The Gut-Immune-Brain Triad Includes Q & A
4:00	End of Session

Wednesday, November 15, 2017

9:00	Cellular Biology – Methylation, Trans-sulfuration, Detoxification, Mitochondrial Function Includes Q & A
10:30	Break
11:00	Testing – Using a Range of Biological Tests To Expose the Underlying Systems and Cellular Metabolic Dysfunctions that Contribute to the Developmental and Behavioral Differences Includes Q & A
12:30	Lunch
1:30	Dietary Approaches to Treat Childhood Developmental Disorders Includes Q & A
3:00	Panel Discussion: Nutrition from a local perspective
4:00	Resources available in the community
4:30	Questions and Answers
5:00	End of Session

Thursday, November 16, 2017

9:00	Nutrient Support - Remediating the Systems and Cellular Metabolic Dysfunction Includes Q & A
10:30	Break
11:00	Developing an Action Plan Includes Q & A
12:30	Lunch
1:30	Workshop Recap: Evaluation Survey
2:00	Stakeholders' Forum/Networking
3:30	Closing remarks Mary Diop Founder & CEO, CHIP International
4:00	End of Workshop